

# **Clearview Montessori** FAMILY HANDBOOK

2023-2024 School Year

# **Clearview Montessori**

# **WELCOME**

Dear Family,

On behalf of the entire staff at Clearview Montessori, we would like to extend to you and your child a warm welcome. We have a wonderful school with a great staff and look forward to a great school year. If anytime during the year, you have questions or concerns about your child, please don't hesitate to call us at the office or speak to your child's teacher, a strong relationship and good communication between staff and families is crucial for all our student's success.

Thank you for choosing Clearview Montessori. We look forward to providing your child with a caring and enriching environment.

Sincerely,

Felicia Pierce Owner/Director (360) 668-7776 Clearview Montessori

## PROCEDURE AND POLICIES

# **EDUCATIONAL PHILOSOPHY**

The learning experience should occur naturally and joyfully at the proper moment for each individual child. Dr. Montessori once wrote: "It is true we cannot make a genius. We can only give everyone the chance to fulfill his potential possibilities to become an independent, secure, and balanced human being." To meet those objectives and to offer a quality program to all children we adhere to the state guidelines concerning discrimination, which states: "Child daycare centers are defined by state and federal law as places of public accommodation and shall not discriminate in employment practices and client services on the basis of race, creed, color, national origin, sex, age, or disability."

# What You Can Do to Help Your Child

You have chosen Montessori school for your child. We hope that you have done so because of our reputation for excellence in early childhood education. To safeguard your investment, we offer a few suggestions for you to use at home so that there will be continuity between home and school for your child.

- 1. Research shows that easy fluent reading is the key to educational success. Read to your child every day, and let your child see you read. If your child feels that reading is important, his motivation to read will be higher.
- 2. Never do for your child what he/she should or can do for himself/herself. A sense of independence, self-mastery and self-discipline are the hallmark of a well-adjusted individual.
- 3. Require respectful and kind behavior from your child toward all other children and adults. Modeling elementary manners should begin very early in life. Also remember, a parent's example is a powerful teacher. You cannot expect "please" and "thank you" from a child if he/she does not receive it first from you.
- 4. Put your child's name on everything he brings to school coat, hat, gloves, boots, shoes, show-and-tell, etc. The school is not responsible for lost items.
- 5. Express interest and pride in your child's papers and activities that they bring home.

# **COMING AND GOING**

Our operating hours are 7:00 a.m. to 6:00 p.m. Monday - Friday. School begins at 9:00 am with morning recess. All students should arrive at school by 9:00 a.m. Upon arrival, parents bring their child to their classroom door and check them in with the Brightwheel Software system. During pick-up parents pick up their child from their classroom door and check them out upon departure. *DCYF requires a signature when checking in and out.* No child will be dismissed directly from the playground without a parent checking them out first. Children must not be unattended at any time while in school. Parents must escort their child to and from their classroom and playground. (Mrs. Churlin's parents, please accompany your child up the stairs when dropping off or picking up.)

# **DAILY SCHEDULE**

7:00 - 8:30	Free exploration activities
7:00 - 7:30	Breakfast
8:45 - 9:15	Morning outdoor play and socialization
9:15 - 9:35	Opening exercises, calendar time, and Social Studies
9:20 - 10:20	Class
9:20 – 11:00	Snack (students serve themselves for morning snack)
10:3 - 11:20	Class
11:20 - 11:40	Outdoor play
11:40 - 11:45	Clean-up for lunch
11:45 - 12:15	Lunch
12:15 - 2:30	Rest time for children
2:30 - 3:00	Story/Transition time
3:00 - 4:00	Outdoor play
4:00 - 4:15	Snack
4:15 - 6:00	Free exploration

# <u>DCYF limits childcare to 10 hours per day. We do adhere to this policy and will conduct random audits.</u>

# **SPECIAL DAYS**

Friday: Show and Tell.

(Place child's show and tell in a bag with their name and letter on it.) Snohomish Library comes once a month with new books, and a program.

# **CHILD ASSESSMENT BIRTH TO 5**

Assessments are provided by the Snohomish School District under Public Act 94-142. If your child needs an assessment, please see Mrs. Pierce, Miss Sam or Mrs. Churlin for information concerning involvement of your child in this program. We also utilize the ASQ Ages and Stages Questionnaires, every family will complete this at the beginning of the school year, and it may be updated throughout the year.

#### FOOD SERVICES

Breakfast will be served promptly at 7:00 A.M. If your child is to eat with us, he/she must be here and ready to sit down by that time.

Lunch begins at 11:45 A.M. Please keep in mind the DSHS regulations, which encourage parents to adhere to the same nutritional standard. This includes: "At a minimum, the child's lunch should contain: (a) a dairy product, including fluid milk, cheese, yogurt, or cottage cheese (b) cereal or bread, whole grain or enriched; and (c) fruit or vegetable or juice containing a minimum of fifty percent real juice. --At a minimum, the child's lunch should contain: (a) a dairy product (b) a protein food including lean meat, fish, poultry,

egg legumes, nut butters, or cheese (c) bread or bread alternate, whole grain or enriched (d) fruit or vegetable, two total servings."

# **SNACK:**

Parent participation for snacks is highly encouraged. **Each parent is asked to provide morning snacks for two weeks for their child's class.** A sign-up calendar is available in the office to record what week you would like to participate. When planning what snack to bring, please keep these guidelines in mind: (1) DSHS requires two foods in different food groups. (2) Food <u>must</u> be store bought. Afternoon snacks are provided by the school and include protein, carbohydrates, and fruit.

## **RECESS**

<u>All children need fresh air every day, weather permitting</u>. If your child is too ill to go outside, he/she is too ill to be at school. For the rare exception to this policy, please see Mrs. Pierce or Mrs. Churlin. Please dress children for the weather---boots, hats, and jackets. Please label all articles of clothing that come to school.

# **DISCIPLINE POLICY**

Children are guided to treat each other and adults with self-control and kindness.

Each student at Clearview Montessori has a right to:

- Learn in a safe and friendly place.
- Be treated with respect.
- Receive the help and support of caring adults.

When a child becomes verbally or physically aggressive, we intervene immediately to protect all the children. Our usual approach to helping children with challenging behaviors is to show them how to solve problems using appropriate interactions. When discipline is necessary, it is clear, consistent, and understandable to the child. We maintain a zero tolerance to bullying. If you have any concerns about this at any time, please report it to the Director of the Center.

#### **Physical Restraint**

Physical restraint is not used or permitted for discipline. There are rare instances when we need to ensure a child's safety or that of others and we may restrain a child by gently holding her or him only for as long as is necessary for control of the situation.

#### **Notification of Behavioral Issues to Families**

If a child's behavior/circumstance is of concern, communication will begin with the parents as the first step to understanding the child's individual needs and challenges. We will work together to evaluate these needs in the context of our program.

On rare occasions, a child's behavior may warrant the need to find a more suitable setting for care. Examples of such instances include:

- A child appears to be a danger to others.
- Continued care could be harmful to, or not in the best interest of the child as determined by a medical, psychological, or social service personnel.
- Undue burden on our resources and finances for the child's accommodations for success and participation.

<u>Corporal punishment is always prohibited in all situations on the premises of the school</u> by anyone, including parents.

If at any time a child causes physical harm to a teacher, they will be sent home.

# **NAPS**

All children 5 years of age & under who are at school for more than 6 hours must have a rest period. DCYF recommends a heavy-duty nap mat that can be sanitized each week. We have bought such mats. For napping comfort, each child must bring a small sleeping bag from home. The sleeping bag should be very lightweight and easily laundered. DCYF regulations also state that every sleeping bag must be confined in a nylon bag.

Please label your child's sleeping bag with his/her name. **SLEEPING BAGS NEED TO BE TAKEN HOME ON FRIDAY, LAUNDERED AND RETURNED ON MONDAY.** 

# STUDENT PROGRESS

Formal written progress reports will be given to Pre-K students in January and June. Personal conferences for any student may be set up with your child's teacher whenever you feel there is a need. Please call-in advance for an appointment.

#### PERSONAL BELONGINGS

#### WHAT TO BRING

- Toddlers: A small backpack, a packed lunch daily and water bottle or cup, diapers to be kept at school and at least two changes of clothes, a light sleeping bag kept in a nylon bag. All items must be labeled.
- **Preschoolers and Pre-K:** A backpack big enough to fit the child's lunch box and work to come home. A packed lunch daily and water bottle or cup. At least one change of clothes, a light sleeping bag kept in a nylon bag. All items must be labeled.

Please label all items brought from home with your child's name (i.e., clothes, bottles, diapers, pacifiers, crib sheet, blanket, etc.) to prevent items from becoming misplaced or lost. We are not responsible for lost or damaged items. Sheets and soiled clothing will be sent home on an asneeded basis for laundering and return to the center.

#### **CUBBIES**

Upon enrollment each child will be assigned a "cubby." Cubbies are labeled with your child's name. Please check your child's cubby daily for items that need to be taken home.

#### **LOST AND FOUND**

You can look for lost items and bring found items to the Lost-and-found Box located in the coatroom. Please note that we are not responsible for lost personal property.

# **TOYS FROM HOME**

We request that you do not allow your child to bring toys from home into the center unless they are part of a show-and-tell activity.

# **YEARLY TUITION STATEMENTS**

Yearly tuition statements are available on Brightwheel.

# **LIMITATIONS OF PERSONS ON PREMISE:**

During center operating hours, or while the child is in care, only the Director, staff, volunteer, an authorized representative of a governmental agency, or parent shall have unsupervised or regular access to the child in care.

# **DISCRIMINATION POLICY**

At Clearview Montessori equal educational opportunities are available for all children, without regard to race, color, creed, national origin, gender, age, ethnicity, religion, disability, or parent/provider political beliefs, marital status, sexual orientation or special needs, or any other consideration made unlawful by federal, state, or local laws. Educational programs are designed to meet the varying needs of all students.

# FIELD TRIPS AND T-SHIRTS

Well-planned field trips are a valuable part of the programs of classroom instruction and extracurricular activity. You can rest assured that the greatest prudence is practiced in caring for the safety and welfare of students while they are off campus and that every reasonable provision has been provided for their supervision by members of the faculty. As required by DCYF, the following procedures are followed for student transportation. "When the school provides transportation for the child in care: (1) The school shall ensure that the motor vehicle operated by the facility is maintained in a safe operating condition; (2) The school shall ensure the motor vehicle in which the child rides during hours of care is equipped with appropriate safety devices and individual seat belts or safety seats for each child to use when the vehicle is in motion. The school shall assure that children under age 8, unless they are 4'9" tall (whichever comes first). Must be restrained in an appropriate child restraint system (car seat or booster seat). Seat belts are not required for buses approved by the state patrol; (3) the school shall ensure the number of passengers does not exceed the seating capacity of the motor vehicle; (4) the school shall carry liability and medical insurance. Volunteer drivers must provide the school with evidence of insurance liability at the \$100,000/\$300,000 limit. The driver shall have a current Washington Driver's license, valid for the classification of motor vehicle operated: (5) The driver or staff supervising the child in the motor vehicle shall have current first aid and cardiopulmonary resuscitation training (6) The school shall ensure a minimum of one staff person, other than the driver, is present in the motor vehicle when: (a) Seven or more preschool age and younger children are present; or (b) Staff-to-child ratio guidelines require additional staff. (7) Staff or driver shall not leave the child unattended in the motor vehicle."

We post notices of field trips on the bulletin board in the coatroom. Annual permission forms are given to children 5 and older when they enroll. There are fees for some trips, but the majority are free. <u>REMEMBER</u>: If you have not signed the consent form, your child will not be allowed to go. <u>All children must have a Clearview Montessori T-shirt and/or sweatshirt</u> (preferably both), for use on field trips and excursions away from the campus.

# **SCHOOL HOLIDAYS:**

Our "School" is in session on the same schedule as the <u>Snohomish School District</u>. When the entire school district is closed, we also do not have "school". This would include vacation times such as: **THANKSGIVING, VETERANS DAY, SPRING VACATION, CHRISTMAS, MLK DAY, PRESIDENT'S DAY, MEMORIAL DAY, ETC.** 

If snow closes the school district, our "school" is also closed, and the lost day/days will be made up on the same schedule as the school district. However, <u>daycare operates on a regular schedule</u>. Please check Brightwheel Messages for the latest updates.

- "Snohomish School District two hours late," No School. Childcare as usual
- "Snohomish School District regular schedule-limited transportation"-We have school on regular hours, with daycare as usual.
- "Snohomish School District closed"-We will have **no** school, with childcare as usual.

As winter approaches, please be sure that not only your car is ready, but that you have a backup person available to pick up your child in case you're stuck somewhere.

**PLEASE BE AWARE-**late fees are \$5.00 for every 5 minutes or any part of a 5-minute segment. Please be prepared.

# **HOLIDAY CLOSURES:**

We are closed on: THANKSGIVING and the DAY AFTER THANKSGIVING, CHRISTMAS EVE DAY & CHRISTMAS DAY, NEW YEARS DAY, MLK DAY, PRESIDENT'S DAY, MEMORIAL DAY, JULY 4TH, LABOR DAY, AND THE FOLLOWING TUESDAY. If one of the above holidays falls on a weekend, we will be closed either on the Friday before or the Monday after the holiday.

# **HEALTH CARE POLICIES**

#### A. HAND WASHING:

- Staff will wash hands:
  - a. After diaper changes or toileting
  - b. After encountering body fluids (stool, urine, blood, drool, mucus)
  - c. Before food preparation
  - d. Before eating.
- 2. Children will be directed or assisted to wash hands:
  - a. After toileting
  - b. Before eating or cooking activities.
  - c. After encountering body fluids (stool, urine, blood, drool, mucus)
- 3. Soap, running water, and individual paper towels will be available for staff and children.

# B. **DIAPER CHANGING**: (Procedure for Staff)

- 1. Wash hands
- 2. Gather necessary materials
- 3. Put gloves on
- 4. Change diapers-do not leave child unattended
- 5. Dispose of diapers- urine disposables in covered container, B.M. disposed outside in garbage can
- 6. Disinfect the changing mat with chlorine bleach solution of 1 T/quart of water or a Lysol solution. (Chlorine solution should be mixed daily by first staff person to arrive each morning
  - 7. Wash hands of child if touched diaper area
  - 8. Take gloves off and discard
  - 9. Staff washes hands

# C. FOOD SANITATION:

- 1. Leftover foods will be covered, and stored in the refrigerator or freezer
- 2. Eating surfaces will be cleaned before and after used by the staff person in charge

# D. **NUTRITION**:

Food allergies will be posted in the kitchen and each classroom to help with food\preparation.

# E. DISINFECTING AND LAUNDERING:

- 1. Toys-Disinfect daily or when obviously dirty (suggested procedures)
  - a. Wash with soap and water and dip in disinfectant. Allow to air dry OR
  - b. Run toys (that are dishwasher safe) through full wash and dry cycles of dishwasher
  - c. After washing by one of the above methods, disinfect toys with chlorine bleach solution of 1 tbsp./gallon of water.
  - d. Wash cloth toys in the washing machine and air or machine dry
- 2. Bedding will be stored in a nylon drawstring bag to lessen the spread of germs. Nap mats and bags will be stored in a convenient location within the classroom area.
- 3. Bedding needs to be taken home each Friday and laundered and returned on Monday.
- 4. Bathrooms will be cleaned 2 times daily.
- 5.General cleaning of the daycare facility and furnishings will be done 2 times daily by staff assigned to those duties. Staff will disinfect all child accessible surfaces or food contact surfaces subject to contamination using a diluted bleach solution. Bleach solution is

diluted at 1 teaspoon of bleach per gallon of water and is kept and labeled containers. Carpets and floors are cleaned daily.

6. Mop water obtained from mop sink, disposed of in mop sink, along with chemicals used such as Clorox, Lysol, detergents.

#### F. TREATING ILLNESS:

1. Medications: The plan for giving medication (prescription and nonprescription) and the plans for the recording of the giving of medication are as follows:

# NO OVER-THE COUNTER OR PRESCRIPTION MEDICATIONS ARE GIVEN WITHOUT A WRITTEN AUTHORIZATION FROM A PARENT.

Forms for this purpose are in the file attached to the front of the refrigerator in the kitchen. Prescription medication must remain in the original containers with the original prescription label attached and be prescribed for the child receiving the medication.

The following classifications of nonprescription medications with written parent authorization will be given only at the dose, duration, and method of administration specified on the manufacturer's label for the age or weight of the child needing the medication:

- (a) Antihistamines.
- (b) Non-aspirin fever reducers/pain relievers.
- (c) Non-narcotic cough suppressants.
- (d) Decongestants.
- (e) Anti-itching ointments or lotions, intended specifically to relieve itching.
- (f) Diaper ointments and powders, intended specifically for use in the diaper area of the child; and
- (g) Sunscreen.

Please inform teachers of medication and note it on the medicine chart on the refrigerator. Medications needing refrigeration are kept in a box in the refrigerator. All other medicines are kept in the box on top of the refrigerator.

# 2. Caring for ill children:

- a. Ill children older than toddlers will be separated from others where they may rest without disturbance.
- b. The parent will be notified to pick up the child as soon as possible.
- c. Illness incidents will be recorded on the illness log affixed to the door of the refrigerator.
- d. Some communicable diseases must be reported to the local health department. The following <u>partial list</u> of reportable communicable diseases includes those sometimes found in childcare settings.

# <u>DISEASES PREVENTABLE BY VACCINATION-</u> Call the Health Department whenever these diseases are suspected:

\*Diphtheria \*<u>Haemophiles Influenza Type B (HIB)</u> \*Mumps \*Measles (Rubella, 10-day measles, hard measles) \*Tetanus \*Pertussis (Whooping Cough) \*Poliomyelitis (Polio) \*Rubella (German Measles, 3-day measles)

# G. FIRST AID SUPPLIES:

# 1. Supplies include:

Band-Aids

Cotton balls (for cleansing wounds)

Sterile gauze squares (2 and 3- or 4-inch sizes)

Adhesive tape

Roller bandages (1- and 2-inch widths)

Small scissors

Syrup of Ipecac (check for expiration date)

Triangular bandage

Disposable Gloves

In the freezer - ice cubes or ice packs

- 2. The first aid kit(s) is kept in the kitchen cupboard
- 3. The supplies are checked and replace by the director on a periodic basis
- 4. Documentation of first aid and CPR training by staff will be kept at the facility

# H. EVACUATION PLAN:

We practice fire/emergency drills each month. An emergency plan is posted in each classroom. The common meeting area for students and staff during a drill is SE of the building by the mailboxes. In the event we need to evacuate the school, students will be moved to the covered playground. During a real emergency you will need to go through our Reconciliation Station before removing your child from school. If you are one of the first parents to arrive, you may be asked to assist the staff in setting up the Reconciliation Station or other such duties as deemed necessary. A complete disaster plan is available in the office.

#### I. FIRE DRILLS:

Fire drills are conducted on the 15<sup>h</sup> of each month and are recorded on the fire drill log. The staff is familiar with the location and use of the fire extinguishers.

# J. PERSONNEL (STAFF) HEALTH:

All staff must provide documentation at time of employment of tuberculin skin tests by the Mantoux method or chest x-ray within the previous two years prior to employment. This documentation will be kept at the facility.

For more health information, please ask to see the packet entitled "Minimum Licensing Requirements for Child Care Centers" in the office.

# **SAFETY**

### **CLOTHING**

Please dress your child in practical clothing that allows for freedom of movement and is appropriate for the weather. Your child will be involved in a variety of activities including painting, outdoor play, sand, weather, and other sensory activities. Our playground is used as an extension of the center, and daily programs are conducted outside whenever weather permits.

Sandals and flip-flops are not appropriate for center play and make it difficult for your child to participate in some activities.

#### **INJURIES**

Safety is a major concern in childcare. First aid will be administered by a trained caregiver if your child sustains a minor injury (e.g., scraped knee). You will receive an incident report on Brightwheel outlining the incident and course of action taken. If the injury produces any type of swelling or needs medical attention, you will be contacted immediately. Each classroom is equipped with a first aid kit meeting the state regulations.

In the event of a serious medical emergency, the child will be taken to the hospital immediately by ambulance, while we will try to contact you or an emergency contact.

## **BITING**

Biting is a normal stage of development that is common among infants and toddlers – and sometimes even among preschoolers. It is something that most young children will try at least once. When biting happens, our response will be to care for and help the child who was bitten and to help the biter learn a more appropriate behavior. Our focus will not be on punishment for biting, but on effective behaviors that address the specific reason for biting.

Notes will be written to the family of the child who was bitten and the biter's family. We will work together with the families of each to keep them informed and to develop strategies for change.

#### RESPECTFUL BEHAVIOR

All children and families will be treated with respect and dignity. In return, we expect the same from all our families. We will not tolerate hostile or aggressive behavior. If this occurs, we reserve the right to ask you to control your behavior or to remove your children from our care.

### CHILD CUSTODY

Without a court document, both parents/guardians have equal rights to custody. We are legally bound to respect the wishes of the parent/guardian with legal custody based on a certified copy of the most recent court order, active restraining order, or court-ordered visitation schedule. We will not accept the responsibility of deciding which parent/guardian has legal custody where there is no court documentation.

#### SUSPECTED CHILD ABUSE

We are required by law to report all observations of child abuse or neglect cases to the appropriate state authorities if we have reasonable cause to believe or suspect a child is suffering from abuse or neglect or is in danger of abuse or neglect, no matter where the abuse might have occurred. The child protective service agency will determine appropriate action and may investigate. It then becomes the role of the agency to determine if the report is substantiated and to work with the family to ensure the child's needs are met. Our center will cooperate fully with any investigation and will maintain confidentiality concerning any report of child abuse or neglect.

# Family Handbook Acknowledgement

Please sign this acknowledgement, detach it from the handbook to enrollment.	, and return it to the center prior				
This handbook may be updated from time-to-time, and notice will implemented.	I be provided as updates are				
Thank you for your acknowledging the policies and procedures v safety and welfare of all children in our care. We look forward to family.					
I have received the <b>Clearview Montessori Family Handbook</b> . It is my responsibility to understand and familiarize myself with the Family Handbook and to ask center management for clarification of any policy, procedure or information contained in the <b>Clearview Montessori Family Handbook</b> that I do not understand.					
Recipient Signature	Date				
	Date				
Center Staff Signature					